



Runyon Fall Baseball 2018

All registration begins July 24-Aug 1

Payment to Runyon by check or cash.

Runyon Field will be holding a fall baseball program to work on the fundamentals of the game. We are accepting all ages from 8 thru high school age kids. There will be a travel team with the high school level through Runyon Field and any younger team may decide to go to tournaments etc. but that will be on their own. Any youth coach is invited and encouraged to attend the workouts and can get coaching credit for their attendance.

Start Dates for the High School players will be determined when we see how many we have but registration begins ASAP. Workouts will be held on **Tuesdays and Thursdays from 4:30-6:30 PM** with some travel dates on the weekends. Ending dates will be the **week of October 26th** when we do final evaluations of foot speed and arm strength.

Start date for the 14 and lower will be **Monday August 29th** and will be on **Mondays and Wednesday from 4:30-6:30 PM** with some games being played if we have coaches that want to get involved. These would most likely be on Fridays here at Runyon and on the weekend. Keep in mind we would need enough kids of each age group and this needs to be decided quickly so we can get a schedule. Youth groups that come as a team will be allowed to work out with your coach and can travel to tournaments on the weekends that they desire.

The camp will focus on the following:

- Correct Warmup -
- Stretching -
- Arm Strength –
- Base Running –
- Pitching Mechanics – Holding Runners on
- Catching –
- Fielding –
- Outfield Play –
- Infield Play –
- Hitting – Hitting inside the ball
- Bunt Execution

Payment – You may make **one payment by Aug. 15th** or pay in two parts. Aug. 15 or Sept. 15 Indicate below which you want to do. Make checks out to the **Runyon Sports Complex**.

8-10 yr olds \$150 _____ **Single Payment** ____ **Two Half Payments Aug & Sept 15** ____

11-14 yr olds \$150 _____ **Single Payment** ____ **Two Half Payments Aug & Sept 15** ____

High School \$150 _____ **Single Payment** ____ **Two Half Payments Aug & Sept 15** ____

All players should bring water daily and come dressed ready to play.

Contact Information

Name _____ (Parents Name) _____ Email Address _____

Address _____ Zip _____

Player Cell Phone _____ Parent Cell Phone _____ Home Phone _____

What team did you play on this year for the Runyon League? _____