

# Runyon Fall Baseball 2017

Runyon Field will be holding a fall baseball program to work on the fundamentals of the game. We are accepting all ages from 8 thru high school age kids. There will be a travel team with the high school level through Runyon Field and any younger team may decide to go to tournaments etc. but that will be on their own. Any youth coach is invited and encouraged to attend the workouts and can get coaching credit for their attendance.

Start Dates will be **August 22<sup>nd</sup>** for the High School players and will be held on **Tuesdays and Thursdays from 4:30-6:30 PM** with some travel dates on the weekends. Ending dates will be the **week of October 23<sup>rd</sup>** when we do final evaluations of foot speed and arm strength.

Start date for the 14 and lower will be **Monday August 28<sup>th</sup>** and will be on **Mondays and Wednesday from 4:30-6:30 PM** with some games being played on Fridays here at Runyon. Youth groups that come as a team will be allowed to work out with your coach and can travel to tournaments on the weekends that they desire.

The camp will be run by our Loaf 'N Jug coaches, Collegian Coach as well as some other Runyon personnel. In all ages we will focus on the development of the player. On the high school level we will travel to a few of the area Jr. Colleges and play in a couple tournaments to give our kids exposure to college coaches. A couple of our top high school players will be sent with a club team to the **Senior Fall Classic in Arizona October 12-15 which is the top senior showcase in the western part of the US. Promising Juniors will have the opportunity to go to the AZ Jr Fall Classic Oct 19-22.**

## The camp will focus on the following:

Correct Warmup -  
Stretching -  
Arm Strength –  
Base Running –  
Pitching Mechanics – Holding Runners on  
Catching –  
Fielding –  
Outfield Play –  
Infield Play –  
Hitting – Hitting inside the ball  
Bunt Execution

Payment – You may make **one payment by Aug. 15th** or pay in two parts. Aug. 15 or Sept. 15 Indicate below which you want to do. Make checks out to the **Runyon Sports Complex.**

**8-10 yr olds**      **\$150** \_\_\_\_\_ **Single Payment** \_\_\_\_ **Two Half Payments Aug & Sept 15** \_\_\_\_

**11-14 yr olds**      **\$150** \_\_\_\_\_ **Single Payment** \_\_\_\_ **Two Half Payments Aug & Sept 15** \_\_\_\_

**High School**      **\$300** \_\_\_\_\_ **Single Payment** \_\_\_\_ **Two Half Payments Aug & Sept 15** \_\_\_\_

All players should bring water daily and come dressed ready to play.

## Contact Information

Name \_\_\_\_\_ (Parents Name) \_\_\_\_\_ Email Address \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Player Cell Phone \_\_\_\_\_ Parent Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

What team did you play on this year for the Runyon League? \_\_\_\_\_